

## Science

1. In your kitchen and refrigerator you find various food packets . Read the wrappers. Food value is written on it. Some pictures are given as per example. List the food value of these items.(any five)



Name of food items	Protein	carbohydrate	Fat	mineral	vitamins	water

1b. Write an article on balanced diet. (150 words)

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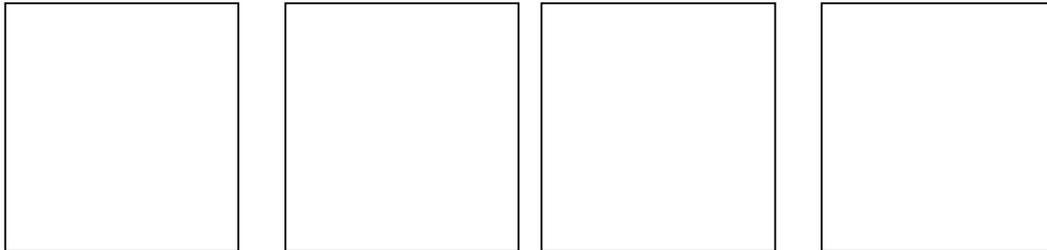
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2. Collect different fabrics and paste it on your scrap book neatly. Write their names. Mention whether they are synthetic or man-made. On which weather do you wear them?

### Fabrics

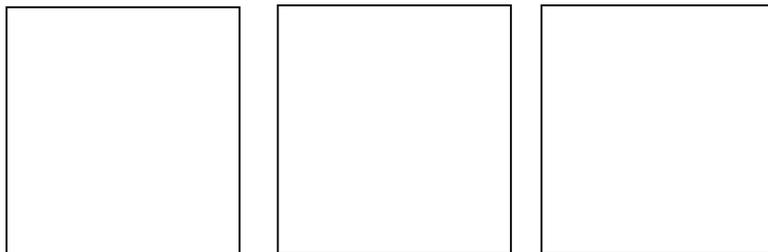


Cotton

wool

jute

silk



Nylon

polyster

acrylic

3. See the given picture and write different ways of saving energy in your school campus. (Collect 10 points from the picture)

